

JUMP-START!

LETTER TO PARENTS/GUARDIANS WEEK 1: INCLUDE EVERYONE

Dear Parents/Guardians:

As part of JUMP-START! this week, our school is focusing on the importance of *including everyone*. Most of us have been left out of an activity at one time or another, and we know how lonely that can feel. We are trying to teach our students that it is their responsibility to include everyone. If our students see someone sitting alone at lunch, we want them to invite that person to sit with them. If our students see someone standing alone at recess, we want them to invite that student to play. Including everyone is not always easy. It takes courage and compassion. Our students must be willing to stop and think about the feelings of others.

Fun Family Tips:

- ⊙ Encourage your children to include each other in their games and fun. Sibling rivalry and disputes are normal, but siblings should try to support one another.
- ⊙ Talk to your child about a time when you were not included in an activity. Talk about the way you felt. Ask your child if he/she has ever felt this way and talk about ways to ensure that we include others.
- ⊙ Praise your child for efforts he/she makes to include brothers, sisters, or classmates in activities.

Have a great week!